

**PROCUREMENT DEPARTMENT**  
Rm 120 Municipal Services Building  
Philadelphia, PA 19102-1685  
FAX: (215) 686-4716

# CITY OF PHILADELPHIA

Trevor Day  
Procurement Commissioner

April 7, 2016

**BID NUMBER:** S6Z62300  
**TITLE:** Summer lunch and After School Supper Programs  
**DEPARTMENT:** VARIOUS  
**DATE TO OPEN:** May 04, 2016 at 10:30 AM

## ADDENDUM # 1

**TO ALL BIDDERS:**

**You are hereby notified of the following changes to the above mentioned bid:**

Attached are the Breakfast, Lunch, Snack and Supper Menus.

Please sign, date and return this addendum with your bid to the Procurement Department, 1401 J.F.K Boulevard, Bid Room 170A, Philadelphia, PA 19102-1685 as it now becomes a part of the proposal.

*A. Campfield*  
A. Campfield, Buyer

\_\_\_\_\_  
AUTHORIZED SIGNATURE

\_\_\_\_\_  
FIRM NAME (PRINT)

\_\_\_\_\_  
DATE

AC/ dr

|  |  |                               |                         |
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| <b>INVITATION<br/>AND BID<br/>Continuation</b> | CITY OF PHILADELPHIA<br><b>PROCUREMENT DEPARTMENT</b><br>PHILADELPHIA, PA 19102 - 1685 | BID NUMBER<br><b>S6Z62300</b> | PAGE OF<br><b>37 59</b> |
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# BREAKFAST MENU

2016

# SUMMER FOOD SERVICE PROGRAM

# BREAKFAST MENU

| Sun | Mon  | Tue  | Wed  | Thu  | Fri   | Sat |
|-----|--|--|--|--|---|-----|
|     | Day 1<br>WG+ Corn Muffin<br>Orange Juice<br>1% White Milk                                      | Day 2<br>WG Cheerios<br>Fresh apple<br>1% white milk   | Day 3<br>WG Blueberry<br>Muffin<br>Blended Fruit Juice<br>Fat Free Chocolate<br>milk | Day 4<br>WG LS** Frosted<br>Flakes<br>Fresh nectarine<br>1% white milk | Day 5<br>WG Banana Muffin<br>Orange Juice<br>Fat free chocolate<br>milk |     |
|     | Day 6<br>WG Raisin bran<br>Fresh peach<br>1% white milk  | Day 7<br>WG Cinnamon<br>breakfast<br>square<br>Blended fruit juice<br>Fat free chocolate<br>milk | Day 8<br>WG Apple Muffin<br>Fresh orange<br>1% white milk                            | Day 9<br>WG Apple breakfast<br>square<br>Orange juice<br>1% white milk | Day 10<br>WG LS Cinnamon<br>Flakes<br>Fresh nectarine<br>1% white milk  |     |
|     | Day 11<br>Whole grain bagel<br>Fresh peach<br>Light cream cheese<br>Fat free chocolate<br>milk |  |  |  |   |     |
|     |  |  |  |  |   |     |

\*WG- Foods that qualify as whole grain-rich are foods that contain 100-percent whole grain or contain a blend of whole-grain meal and/or flour and enriched meal and/or flour of which at least 50-percent is whole grain. Whole grain-rich products must contain at least 50-percent whole-grains and the remaining grain, if any, must be enriched.

\*\*LS- Low or reduced sugar

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|  |  | FIRM NAME (Must be filled in) |                         |

# LUNCH MENU

2016

# SUMMER FOOD SERVICE PROGRAM

# LUNCH MENU

| Sun  | Mon   | Tue  | Wed  | Thu  | Fri | Sat |
|--|---|--|--|--|-----|-----|
| Day 1<br>Cold (Build your own pizza)<br>Carrots<br>Apple slices<br>Fat Free Chocolate Milk                             | Day 2<br>Strawberry Yogurt<br>Sesame Breadsticks<br>Celery Sticks<br>Mixed Fruit<br>1% White Milk   | Day 3<br>Hummus<br>Whole wheat pita triangles<br>Cucumber Slices<br>Fresh Peas<br>Fat free Strawberry Milk | Day 4<br>Mozzarella String Cheese<br>Graham Crackers<br>Romaine Salad<br>Orange Wedges<br>Lite ranch dressing<br>Fat Free Chocolate Milk | Day 5<br>Turkey Ham and Cheese on Wheat Hoagie Roll<br>Three Bean salad<br>Peaches<br>Mustard<br>1% White Milk |     |     |
| Day 6<br>Tuna Salad on Wheat Bun<br>Baby Carrots<br>Pineapples<br>Fat Free Strawberry Milk                             | Day 7<br>Oven Roasted Turkey and Cheese on Whole Wheat Tortilla Wrap<br>Lettuce & Tomatoes<br>Apple slices<br>Light Mayo<br>Fat Free Chocolate Milk | Day 8<br>Peanut Butter & Jelly Swirl<br>Wheat crackers<br>Cinnamon Applesauce<br>Raisins<br>1% White Milk  | Day 9<br>Sliced Chicken on Wheat Bread<br>Corn Salad<br>Fresh Melon<br>Lite Mayo/Mustard<br>Fat Free Strawberry Milk                     | Day 10<br>Egg Salad in Whole Wheat Pita Pocket<br>Celery Sticks<br>Peaches<br>Fat Free Chocolate Milk          |     |     |
| Day 11<br>Honey Mustard<br>Chicken Whole Wheat Tortilla Wrap with Lettuce & Tomatoes<br>Orange wedges<br>1% White Milk |   |  |  |  |     |     |

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**NOTE:**

1. NO PORK PRODUCTS TO BE SERVED
2. SLICES NO MORE THAN ½ OZ. PER SLICE
3. CHEESE – **WHITE** AMERICAN CHEESE  
**COP NUTRITION STANDARDS REQUIREMENTS:**  
PREFER CHEESE TO BE LOW FAT, PART SKIM, 1% OR 2% AND LOWER SODIUM WHENEVER FEASIBLE.
4. \*FRUIT CUPS – MUST HAVE GRADE A FRUIT SERVED IN UNSWEETENED JUICE OR WATER (JUICE/WATER MUST BE SEPARATE FROM FRUIT CUP WEIGHT REQUIREMENTS).
5. TUNA SALAD – MUST INCLUDE 2 OZ. OF TUNA OUTSIDE OF SALAD ADDITIVES  
**COP NUTRITION STANDARDS REQUIREMENTS:**  
ALL CANNED/FROZEN SEAFOOD (E.G. TUNA) MUST CONTAIN ≤ 290 MG SODIUM PER SERVING.
6. CHICKEN – MUST BE AT LEAST 90% MEAT WITH NOT MORE 10% FAT.  
**COP NUTRITION STANDARDS REQUIREMENTS:**  
ANY CANNED/FROZEN POULTRY MUST CONTAIN ≤ 290 MG SODIUM PER SERVING.
7. CARROT/CELERY STICKS – SHOULD NOT BE FROZEN, MUST BE MAINTAINED AT 35 DEGREES OR ABOVE.
8. TURKEY BREAST MUST BE 100% BREAST MEAT.  
**COP NUTRITION STANDARDS REQUIREMENTS:**  
ANY CANNED/FROZEN POULTRY MUST CONTAIN ≤ 290 MG SODIUM PER SERVING.
9. **\*\*PHILLY STYLE HOAGIE AND KAISER ROLL** MUST BE USED (E.G. AMOROSO).  
PRODUCT SHALL BE ENRICHED OF WHOLE-GRAIN, OR THAT IS MADE FROM ENRICHED OR WHOLE GRAIN MEAL AND/OR FLOUR, BRAN, AND/OR GERM.  
**COP NUTRITION STANDARDS REQUIREMENTS:**  
ALL GRAINS/STARCHES (BUNS, HOAGIE ROLLS, DINNER ROLLS, ETC.) MUST CONTAIN ≤ 290 MG SODIUM PER SERVING.
10. ENRICHED FLOUR MUST BE USED IN BREAD PRODUCTS.  
**COP NUTRITION STANDARDS:**  
PREFER WHOLE GRAIN BREAD AND GRAIN PRODUCTS WHENEVER ECONOMICALLY FEASIBLE.
11. USE PRODUCTS WITH LOW-FAT IN PLACE OF FULL FAT WHENEVER ECONOMICALLY FEASIBLE.
12. A MEATLESS ENTRÉE IS TO BE SERVED ONE DAY PER WEEK.
13. A VARIETY OF FRESH FRUITS AND VEGETABLES ARE SERVED WITH MEALS, WHERE ECONOMICALLY FEASIBLE.
14. USE BAKED OR NON-GRAIN BASED SNACKS AS FREQUENTLY AS POSSIBLE.  
**COP NUTRITION STANDARDS REQUIREMENTS:**  
A MAXIMUM OF TWO SERVINGS OF GRAIN-BASED DESSERTS (DOUGHNUTS, PASTRIES, COOKIES, CAKE, BROWNIES, ETC) CAN BE SERVED PER WEEK. ANY GRAIN-BASED DESSERT MUST CONTAIN ≤ 18 G SUGAR PER SERVING.

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15. **ADDITIONAL COP NUTRITION STANDARDS REQUIREMENTS:**
  - A. PRODUCTS THAT ARE PREPARED BY DEEP FRYING, INCLUDING BREADED, PRE-FRIED PRODUCTS, ARE PROHIBITED.
  - B. ALL YOGURT MUST BE NON-FAT OR LOW-FAT. PREFER YOGURT CONTAINING ≤ 30 G SUGAR PER 8 OZ OR EQUIVALENT WHEN FEASIBLE.
16. WHEN MILK IS OFFERED ON THE MENU, ROTATE BETWEEN 1% WHITE MILK, NON-FAT CHOCOLATE MILK, AND NON-FAT STRAWBERRY MILK.

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# SNACK MENU

2016

# SUMMER FOOD SERVICE PROGRAM

# SNACK MENU

| Sun | Mon   | Tue  | Wed  | Thu                                    | Fri   | Sat |
|-----|---|--|--|--|---|-----|
|     | Day 1<br>Honey Wheat<br>Pretzels<br>Peanut butter       | Day 2<br>Cereal bar<br>1% milk                   | Day 3<br>Vanilla Yogurt<br>Strawberries                                  | Day 4<br>Salsa<br>Baked Tortilla Chips | Day 5<br>Hummus<br>Veggie slices                  |     |
|     | Day 6<br>Celery sticks<br>Raisins<br>Light Cream cheese | Day 7<br>Cheese Cubes<br>Whole wheat<br>crackers | Day 8<br>Veggie Slices<br>Low Fat Ranch Dip<br>Orange pineapple<br>juice | Day 9<br>Apple slices<br>Peanut butter | Day 10<br>Multigrain Sun<br>Chips<br>Orange Juice |     |
|     | Day 11<br>Animal Crackers<br>Strawberry yogurt          |  |  |  |   |     |
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# SUPPER MENU

2016

## CHILD AND ADULT CARE FOOD PROGRAM (CACFP) AT-RISK PROGRAM

# SUPPER MENU

| Sun   | Mon  | Tue   | Wed  | Thu  | Fri | Sat |
|---|--|---|--|--|-----|-----|
| <p>Day 1</p> <p>Mozzarella String Cheese<br/>Graham Crackers<br/>Romanne Salad<br/>Orange Wedges<br/>Low Fat Ranch Dressing<br/>Fat Free Chocolate Milk</p> | <p>Day 2</p> <p>Oven roasted turkey &amp; Cheese on Whole Wheat Tortilla Wrap<br/>Lettuce &amp; Tomatoes<br/>Apple Slices<br/>Light Mayo<br/>1% White Milk</p> | <p>Day 3</p> <p>Peanut Butter &amp; Jelly<br/>Wheat Crackers<br/>Cinnamon Applesauce<br/>Raisins<br/>Fat Free Strawberry Milk</p> | <p>Day 4</p> <p>Sliced Chicken on Wheat Bread<br/>Corn Salad<br/>Fresh Melon<br/>Lite Mayo/Mustard<br/>Fat Free Chocolate Milk</p>         | <p>Day 5</p> <p>Egg Salad in Whole Wheat Pita Pocket<br/>Celery Sticks<br/>Peaches<br/>1% White Milk</p>                     |     |     |
| <p>Day 6</p> <p>Cold (Build your own) Pizza<br/>Carrots<br/>Apple slices<br/>Fat Free Strawberry Milk</p>   | <p>Day 7</p> <p>Hummus<br/>Whole Wheat Pita<br/>Triangles<br/>Cucumber Slices<br/>Fresh Pears<br/>Fat Free Chocolate Milk</p>                                  | <p>Day 8</p> <p>Tuna Salad on Wheat Bun<br/>Baby Carrots<br/>Pineapples<br/>1% White Milk</p>                                     | <p>Day 9</p> <p>Turkey Ham &amp; Cheese on Wheat Hoagie Roll<br/>Three Bean Salad<br/>Peaches<br/>Mustard<br/>Fat Free Strawberry Milk</p> | <p>Day 10</p> <p>Strawberry Yogurt<br/>Sesame bread Sticks<br/>Celery Sticks<br/>Mixed Fruit<br/>Fat Free Chocolate Milk</p> |     |     |
| <p>Day 11</p> <p>Honey Mustard<br/>Chicken Whole Wheat<br/>Tortilla Wrap with<br/>Lettuce and Tomatoes<br/>Orange Wedges<br/>1% White Milk</p>              |  |   |  |  |     |     |